



UCAAA BASKETBALL RULES 2013-2014

Sportsmanship Motto

Let the Players *Play*

Let the Coaches *Coach*

Let the Officials *Officiate*

Let the Spectators *Cheer Positively*

These rules are used in conjunction with and as an addendum to the Utah High School Activities Association's rulebook – <http://www.uhsaa.org/2010-11handbook.pdf> and the National Federation of State High School Associations – <http://www.nfhs.com/>

SECTION I: GAME RULES

I. Game Timing

- a. Grade Divisions 3rd through 8th will be four (8) minute running quarters. In running quarters the clock will stop for time outs, injuries and shooting fouls during regular play and will stop for dead balls during the last (2) minutes of the second and fourth quarters.
- b. Grade Divisions 9th through 12th will be two (16) minute running halves. In running halves the clock will stop for time outs, shooting fouls, injuries during regular play, and will stop for dead balls during the last (2) minutes for each half.

II. Pregame, Half Time, & Time Outs

- a. Pregame & Half Time for all Divisions will be (4) minutes.
- b. All Divisions will be given four (1 min.) time outs in regulation play.
- c. One additional time out will be awarded for each overtime quarter.
- d. Any time outs left over from regulation play will transfer into overtime quarters.
- e. Time outs begin when referee signals the score table, play resumes at (1) min.

III. Overtime

- a. Overtime in all divisions will be 2 minutes. In running overtime quarters the clock stops only for Timeout and injuries, and will only stop for dead balls during the last (1) minute of the overtime quarters.
- b. If necessary, a second overtime will be (2) minutes.
- c. If necessary, a third overtime will be the first team to score.

IV. Officials, Scorekeepers, Timekeepers, Gym Coordinators

- a. For each regularly scheduled game, UCAA will provide (2) Officials, (1) Scorekeeper, (1) Gym Coordinator.
- b. The scorekeeper will be responsible for documenting the scoring, fouls and playing time of each team and player in the official score sheets. The information contained in the score

sheets will be considered as “official” as determined by the UCAA and UHSAA rules.

V. Three Point Shots

- a. In the 3rd through 5th grade Divisions **NO** (3) point shots will be awarded.
- b. In the 6th through 12th grade Divisions all (3) point shots will be awarded.

VI. Playing Time:

- a. In all Divisions, a player must play the EQUIVALENT time of one full quarter (**8 minutes**) for the duration of the game.
- b. Players who arrive after the start of the fourth quarter are not eligible to play in the game.

VII. Illegal Defense/Back Court Defense:

- a. In the 3rd through 5th grade Division no full court defense will be allowed until the fourth (4th) quarter. Full court pressure will be allowed in the fourth (4th) quarter until a team establishes a (10) point lead.
- b. In the 6th through 12th grade division full court defense is allowed during regulation play until a team establishes a (15) point lead.
- c. The team who establishes the lead must back off when possession of the ball has been established by the opposing team. In situations where possession has not been established (rebounds, jump balls, double fouls) the possession arrow or indicator will determine the team who acquires possession.

VIII. Violations of Back Court Defense

- a. First Violation: The official will give the team a warning which will be recorded in the official score sheet.
- b. Second Violation: The official will give the team a technical foul, which counts only as (1) team foul. The opposing team will be awarded (2) free throws and possession of the ball.

IX. Uniforms and Appropriate Dress

- a. In all Divisions the entire team shall wear a full uniform which includes matching jerseys and shorts. If shirts are to be worn underneath the jersey, all players who choose to wear a shirt under their jersey must wear the same color.
- b. Every player must wear a numbered jersey with a maximum of 2 numbers on the front and back, with no duplicating numbers.
- c. All jewelry must be removed prior to game time. Jerseys must be tucked in.
- d. Violations of these rules will result in an indirect bench technical foul. The opposing team will be awarded possession of the ball and (2) free throws. In the event of equal violations on both teams, once the free throws have been attempted, the officials will JUMP the ball to establish possession.

X. Equipment and Specifications:

- a. In the 3rd and 4th grade divisions the foul line shall be (12.5) feet. Penalties will be assessed to the players who cross the line.
- b. In the 5th through 12th grade divisions the foul line shall be (15) feet. Penalties will be assessed to the players who cross the line.
- c. The 3rd through 5th grade and all Girls Divisions use the (28.5) size basketball.
- d. The 6th through 12th grade boys divisions will use the official standard size basketball.

SECTION II: COACHES, OFFICIALS AND PLAYER ELIGIBILITY

XI. Requirements:

- a. All coaches must be certified by the Safe Environment Director through their registered parish

or school. All coaches must undergo a criminal background check through their Local Safe Environment director, as well as be in compliance with the coach's code of conduct.

- b. All coaches must obtain a UCAA coach's card (visit the website for directions)
- c. All head coaches in the 3rd through 8th grade divisions both boys and girls shall be at least 18 years old.
- d. All head coaches in the 9th through 12th grade divisions both boys and girls shall be at least 25 years old.
- e. All assistant coaches must be 16 years of age or older and have a UCAA coaching card.
- f. Before the start of the game, the head coach and assistant coach(es) will present their coach's card to the scores table.
- g. Only (3) coaches will be allowed on the bench during regulation play. One coach may stand in the designated coach's box and the other must sit on the bench with the players. **NO** coach may cross the half court dividing line between benches or come onto the court, unless a player becomes ill or injured. **NO** coach shall leave the coach's box or bench during the course of the game.
- h. Any coach under the influence of alcohol or drugs on the premises of any Gymnasium will be dismissed from coaching for the remainder of the season.
- i. Coaches, who are registered officials with UHSAA or other associations, may not be an official in the divisions which they coach.

XII. Technical Fouls & Ejection Policy-All Divisions

- a. **Technical Foul-** If a coach or player receives a technical foul it will result with the opposing team shooting 2 free throws and retain possession of the ball.
- b. **2nd Technical Foul-** If a player or coach receives a 2nd technical foul the result is an automatic ejection from the game.
- c. **First Ejection-** Coaches, players or spectators displaying inappropriate behavior which results in an ejection will be suspended for 3 games
- d. **Second Ejection-** Coaches, players or spectators displaying inappropriate behavior which results in a second ejection within the same season will be banned from coaching or attending games as a spectator for the remainder of the season, including playoffs and championship games.

XIII. Team Fees and Rosters:

- a. Team fees will be due in entirety by the approved deadline. Schools/Parishes in noncompliance will not be scheduled. Team fees for 3rd-8th grades are \$325. Teams in 9th -12th grade divisions will be \$350.00.
- b. A complete list of all school/parish team rosters must be submitted to UCAA before the established date or by the approved deadline. School/Parishes in noncompliance will be removed from the schedule.
- c. After the beginning of regulation play, the names of additional players may be added to the team roster. Such names must be submitted to UCAA in writing no later than the Wednesday before the next scheduled game to be eligible to play. All additions to the rosters must be completed by December 31st of the current season to be considered official. Only those players registered by December 31st of the current season will be eligible to participate. New to the Parish means: A player who has moved from another state or county which does not have a Parish that currently participates actively in UCAA **NEW DOES NOT MEAN CROSSING PARISH BOUNDARIES FROM ONE TO ANOTHER.**
- d. Teams having (14) players or more must split and form two teams. Teams must field (5) players to start eligible to participate in UCAA.

XIV. Division Requirements:

- a. Players may not play in two divisions or on two teams, simultaneously.
- b. Players who qualify to play in a lower division may play in a higher division, but may not revert to the lower division after season play has begun.

- c. A division is defined as one grade level except for the Intermediate and Senior Divisions which compose 9th through 12th grades.
- d. The UCAA board will rule on the eligibility of any players or teams in question. The Gym Coordinator will make record in the score book and bring it to the attention of the board.

SECTION III: COMPLAINTS, FORFEITS AND PROTESTS.

XV. Complaints:

- a. All legitimate complaints must be submitted in writing no more than 24 hours after incident. Complaints are addressed by the UCAA Executive Board, and all decisions are final. See current Executive Board Members contact information on www.ucaasports.com

XVI. Forfeits:

- a. Teams with ineligible players will forfeit every game in which those players participated.
- b. Failure to appear for a scheduled game will result in a forfeit.
- c. Teams will not be more than (15) minutes late for any scheduled game, except in the case of verifiable emergency conditions. Teams more than (15) minutes late (without the above mentioned conditions) will forfeit the game.
- d. Coaches who do not have their certification on record will forfeit the game and will not be allowed to coach in that gym under any circumstance.

SECTION IV: UCAA + PARENT PARTNERSHIP

XVII. General Statement: UCAA values its supportive parents as much as it's reputable coaches, as both play key roles in the development of young athletes. Players look to each for different reasons. Keeping these ideas in mind enables parents and coaches to work together, thereby ensuring a successful and enjoyable season for everyone.

XVIII. Coaches:

- a. Teach players the fundamentals of the sport while finding as much satisfaction in the process and progress as in the results.
- b. Remember, you and your team are integral members of the Catholic Church and represent your parish and diocese.
- c. Communicate effectively to prevent problems and ensure both players and parents knows what is expected of them.

XIX. Parents:

- a. Be your child's biggest fan with positive cheering, incessant prayer, and unconditional support.
- b. As directed by the coach, practice skills/drills with your player.
- c. Support your team by actively volunteering.
- d. Support PARA by cheering for and congratulating ALL teams.
- e. Guide your child by setting priorities which balances active participation in church, school, sports, and family.

SECTION V: ZERO TOLERANCE POLICY

XX. Any Player, Coach, Fan or Spectator displaying any inappropriate behavior whether physical, verbal and/or obscene in nature; will be required to leave the premises immediately in compliance with this Diocesan Zero Tolerance Policy and will be banned from future games and gymnasiums.